

**Topics Discussed by Health Care Workers During Prenatal Care Visits<sup>1</sup>**  
**Illinois PRAMS 2012**

	Percentage <sup>2</sup>	95% Confidence Interval	Respondents <sup>3</sup>	Estimated Population Affected <sup>4</sup>
How much weight I should gain during my pregnancy	76.1	73.1 - 78.9	827	114,041
How smoking during pregnancy could affect my baby	71.7	68.7 - 74.6	780	107,430
Breastfeeding my baby	81.3	78.6 - 83.7	871	122,237
How drinking alcohol during pregnancy could affect my baby	74.6	71.6 - 77.3	811	111,769
Using a seat belt during my pregnancy	57.3	54.0 - 60.5	604	85,791
Medicines that are safe to take during my pregnancy	87.7	85.3 - 89.8	943	131,774
How using illegal drugs could affect my baby	66.0	62.8 - 69.0	710	98,529
Doing tests to screen for birth defects or disease that run in my family	90.8	88.6 - 92.5	977	136,398
The signs and symptoms of preterm labor	85.0	82.5 - 87.2	895	127,368
Getting tested for HIV	73.4	70.4 - 76.1	777	110,193
What to do if I fell depressed during pregnancy or after my baby is born	77.1	74.2 - 79.8	821	115,624
Physical abuse to women by their husbands or partners	53.2	49.9 - 56.5	574	79,605

<sup>1</sup>**Survey Question 22:** During any of your prenatal care visits, did a doctor, nurse, or other health care worker talk with you about any of the things listed below?

<sup>2</sup>**Percentage** = Weighted percentage of Illinois mothers giving birth in 2012 with the specified indicator for each characteristic.

<sup>3</sup>**Respondents (N)** = Total number of mothers who responded to this question with Yes; total N = 1075 (Yes or No); Total N value for each characteristic varies due to unanswered questions, survey skip patterns, and invalid responses.

<sup>4</sup>**Estimated population affected** = Estimated number of Illinois mothers giving birth in 2012 with the specified indicator for each characteristic

**Discussions about Nutrition and Weight Management During and After Pregnancy<sup>1</sup>**  
**Illinois PRAMS 2012**

	Percentage <sup>2</sup>	95% Confidence Interval	Respondents <sup>3</sup>	Estimated Population Affected <sup>4</sup>
Foods that are good to eat during pregnancy	83.0	80.3 - 85.3	893	124,710
Exercise during pregnancy	83.0	80.3 - 85.3	891	124,409
Programs or resources to help me gain the right amount of weight during pregnancy	34.7	31.6 - 37.9	374	51,917
Programs or resources to help me lose weight after pregnancy	22.1	19.5 - 25.0	236	33,159

<sup>1</sup>**Survey Question 23:** During your most recent pregnancy, did a doctor, nurse, or other health care worker talk with you about any of the things listed below?

<sup>2</sup>**Percentage** = Weighted percentage of Illinois mothers giving birth in 2012 with the specified indicator for each characteristic.

<sup>3</sup>**Respondents (N)** = Total number of mothers who responded to this question with Yes; total N = 1075 (Yes or No); Total N value for each characteristic varies due to unanswered questions, survey skip patterns, and invalid responses. More than one reason could be selected.

<sup>4</sup>**Estimated population affected** = Estimated number of Illinois mothers giving birth in 2012 with the specified indicator for each characteristic